

Fencing



International Cultural Exchange

Promoted by Maestro Alberto Bernacchi

in association with "Scherma Desio s.r.l." Fencing Salle

Cultural exchange between Italy and foreign Countries

Cultural exchange is important for the maintenance and continual development of an innovative and thriving dialogue in the cultural environment of Fencing.

This is the purpose of the project we are promoting, with the support from the Salle d'armes Scherma Desio s.r.l. near the City of Milan, in the north of Italy.

The fencers from all around the world shall have access to the Italian fencing knowledge, and share their culture too. The fencing know-how shall be developed and strengthened through cross-fertilization with other cultures in sports. The principal tool for carrying out this policy is the exchange of lessons and bout sessions among fencers from different Countries.

It is our intent, as part of the foreign relations, to present Italian culture and art in fencing which displays Italy's strong innovative and creative tradition in this Sport.

Foreign fencers and fencing masters/instructors will appreciate the Italian fencing tradition and, at the same time, fencers from other Countries are encouraged to visit our Salle and present their skills, in order to inspire and renew the Italian fencing scene.

Project's aims

Share the Italian tradition, knowledge and models of training in fencing with fencers from other Countries.

The project aims to share and improve models of training in Fleuret, Epée and Sabre, physical training and fencing footwork. Other primary goals follows as the most important part of every cultural exchange.

- Contribute to international goodwill and understanding through fencing
- Contribute to the overall development of young fencers through exposure to diverse and vibrant cultures
- Contribute to sport development through exposure to international competition and coaching
- Improve the potential athletes through exposure to competitions with foreign Countries
- Improve the quality of coaching and officiating through exposure to different training methods and ideas
- Expand the knowledge base related to sport development systems and sport medicine
- Encourage fencing Salles and sport Associations to develop an international sport network

Exchange program and tools

The essential tools for fencing exchange are individual lessons with a Master and bout session among the athletes from different Countries. The project is opened to athletes and their coaches.

- For athletes: daily individual lesson with a Master, to improve fencing skills
- For foreign masters and instructors: daily lessons and classes with a Master to learn Italian fencing terminology and history
- Bouts and free training between athletes according to the specific weapons
- Session of specific physical training aimed to improvement of one's fencing
- Session of fencing footwork and technical exercises
- Arbitrage/Referee sessions for comparison and improvement of one's skills in judgement of fencing ROW in different situations

Period and conditions for the exchange

The period for the exchange is set from October to May and it is opened to satisfy the different requirements of the enrolled participants. Just contact us to customize a detailed plan and know about logistics and accommodation.

Referring of the plan and information

Master Alberto Bernacchi, Fencing Head Coach Scherma Desio s.r.l. maestro@schermadesio.com
Salle d'Armes Scherma Desio s.r.l., Via Santa Caterina, 1 - 20033 Desio (MI) www.schermadesio.com